



P.E. Curriculum Policy

Subject Leader: Rachel Jackson

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The Purpose of the Policy

A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. At Winlaton West Lane we provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

Aims of this Policy

At West Lane, we aim to deliver the national curriculum for physical education ensuring that all pupils:

- Develop competence to excel in a broad range of physical activities
- Are physically active for sustained periods of time
- Engage in competitive sports and activities
- Lead healthy, active lives.

Roles and Responsibilities

The Subject Leader

The role of the PE Coordinator involves:

- Producing a flexible scheme of work, with lesson ideas to support its implementation.
- Supporting colleagues in all aspects of the curriculum.
- Maintaining and replacing equipment.
- Ensuring areas for lessons are safe.
- Assisting with recording keeping and assessment of the subject.
- Monitoring the teaching of the subject at school.
- Attending meetings and courses, which will inform future development of the subject and ensure other staff are aware of courses themselves.
- Ensuring that pupils have the opportunity to become involved in extra –curricular clubs to further develop skills and talents.
- Ensure standards remain high in each year group through effective monitoring of the subject.

The Staff

- To ensure that PE is taught effectively throughout the school as set out in this policy.

The Pupils

- To strive to achieve their own potential in PE.
- To have high expectations of themselves as learners, striving to build on their own basic skills and competencies across the (3) KS1 and 5 (KS2) strands.
- Engage all abilities and all learners.

The Parents

- To support their children in developing basic skills such in dance, games, gymnastics while increasing confidence, risk taking and recognising own talent by attending sports days, inter and intra school tournaments..
- To support their children in fostering love of sport, enabling them to attend extra curricular activities if they wish.

The Governors

- To support the children in developing basic skills such in dance, games, gymnastics while increasing confidence, risk taking and recognising own talent by attending sports days, inter and intra school tournaments.
- Be part of the school and understand their role and responsibility.
- In addition, becoming actively involved in whole school sports events.

Curriculum Organisation and Resources

PE is taught throughout the school by the class teacher, HLTA or external agency once a week for 45 minutes. Lessons often take place within the hall but there are other spaces that are used (sports fields, KS1 yard and KS2 yard) for larger games session or when classes come together for larger sessions. The children also take part in a daily mile run for 15 minutes. This is also supplemented by a range of out of school and lunch time clubs with specific focus on games, gymnastics and dance.

The majority of the equipment is kept in the small stock cupboard in the main hall and in a storage unit beside the staff room while larger fixed equipment is found in the KS yards including basket ball nets.

Planning for PE

The Physical Education curriculum and scheme of work developed at the school covers all areas of activity outlined as statutory in the PE National Curriculum 2014. Each year group covers certain aspects of the curriculum during the child's time at the school. The current scheme of work is being updated and lesson plans are available for the majority of curriculum areas for each year group, if required i.e. Val Sabin Schemes of work EYFS-KS2- Located in the Bungalow.

Class teachers use the planning pro forma outlined in West Lane 's Planning Policy and can be found on the school system. This maps out the learning over the course of a half term, following the long term planning for PE, the base of which is from the LCP or Val Sabin scheme of work.

Warm Up – Teaching skill – Applying skill- Cool down

The Teaching of PE

All lessons throughout the school are taught as class groups following the scheme of work. Lessons are normally taught by the class teacher, but some year groups will arrange a member of staff to teach more than one PE class (3+4). As mentioned previously, some lessons may on occasion be taught along side a sports coach. Swimming lessons are always taught by a specialist swimming teacher along with the class teacher.

Warm up- Delivery- Cool down

All teaching staff must wear appropriate clothing for Physical Education to set standards for Y/P.

Foundation Stage

In the Foundation Stage, PE requirements will be taken from the 'Physical Development' section of Development Matters document for Early Years. Alongside the PE opportunities afforded in the Indoor and Outdoor Classrooms, a designated PE session will take place weekly for Nursery and Reception children in the lower hall.

A variety of activities will be planned across the academic year, where skills will be continuously repeated to enable children in the Early Years to develop them securely, based on these observations. Assessments of these observations will be underpinned by the Developmental Matters statements to show evidence of progress. Evidence of children's learning will be held in Learning Journals and documented on planning to evaluate the success of the activity and develop the next steps in the learning process.

Key Stage One

PE is taught in Key Stage One in six units across the year; one unit per half term. Each half term is broken down into six 45 minute lesson each. Recommended delivery will be Dance x2, Games x2 and Gymnastics x2. One session per week will be delivered by external agencies and will focus on basic skills set out by class teacher (Sports Coordinator to

monitor).

Lower Key Stage Two

PE is taught in Lower Key Stage Two in six units across the year; one unit per half term. Each half term is broken down into six 45 minute lesson each. Recommended deliver will be Dance x1, Games x2, Swimming x1, Gymnastics x2. One session will be delivered by external agencies and will focus on basic skills set out by class teacher (Sports Coordinator to monitor). Swimming will be rolled out between Y3 and Y4. Please see attached appendix.

Upper Key Stage Two

PE is taught in Upper Key Stage Two in six units across the year; one unit per half term. Each half term is broken down into six 45 minute lesson each. Recommended deliver will be Dance x1, Games x2, Outdoor/ adventurous x1, Gymnastics x2. One session will be delivered by external agencies and will focus on basic skills set out by class teacher (Sports Coordinator to monitor)

Assessment and Monitoring

Fundamental Movement Skills are the building blocks which underpin the ability to play and be involved in many different sports. Many of the skills and attributes, physical and non-physical are developed through PE and transferrable skills that can enhance both the positive ethos and academic success of the school. Pupils will be assessed throughout the 12 Fundamental Movement Programme, developing Balance, Coordination and Agility. A colour will be awarded depending on the skill level passed i.e. Yellow; Starting Point- Black; Most Advanced. This will be re-assessed after completing a unit of work, for example gymnastics and assess the pupil's progression.

For more information about assessment in Physical Education, refer to the Assessment Policy.

Extra Curricular Opportunities

Extra curricular opportunities are available for PE. Staff should signpost these activities to children. A football club will be run by Mr Dixon on Wednesday evenings until Summer A.

The club will then turn into a cricket club.

Clubs available...

Outdoor games

Fun and Games

Gymnastics club

Football club

Simonside Kids Club

Community clubs will be sourced by PE coordinator and disseminated via termly newsletters.

Children with Special Needs, including Able and More Able

As is stated in the NC 2014, children with special needs will be included in any physical education lesson. If a programme needs to be adapted then the teacher in charge will do this in consultation with the coordinator and SENCO (if applicable). Able and more able children will be targeted by support staff and teachers to attend extra curricular activities.

Health and Safety

Since this area now forms part of the new National Curriculum it is important that we understand that the safety of children in lessons is of paramount importance. A separate sheet is available in the main office which deals specifically with health and safety guidelines

for the teaching of PE. The BAALPE publication 'Safe Practice in PE' is also available to all staff. It should be noted that, in the event of an emergency, phones are within a short distance of all PE lesson locations and First aid boxes are available from the sports hall, and main office.

Parental Involvement

Parents will be initially involved in sourcing and maintaining PE kits for all children accessing the provision. Parents will be encouraged to support their children to attend extra curricular activities and support team clubs where their children are participating for example Football

tournaments.

Sports Day will be a key event on the calendar to celebrate the children's achievements in PE. Parents will be invited to support the progress and participate in a parents race.

Community Links

Links will be forged by the PE coordinator and external agencies to promote the programs and facilities available external to the school site.

Professional Development

Support is always available to the staff to ensure that standards of delivery are high. Specialist staff will be offered (when available) training sessions. Specialist members of staff always aim to keep abreast of new movements and initiatives. Local coaches are often invited in to work along side teachers and this has helped enormously to raise the standard of teaching in these sporting areas.

Policy Review

This policy was agreed by the governing body in November 2015 and is due for review by the subject leader in November 2016.